

## MONADNOCK REGION, NEW HAMPSHIRE

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- ▶ Make the Healthy Choice the Easy Choice through Policy, System and Environmental Change
  - Key Strategies:
    - ▶ Engage worksites through listening and understanding; frequent interactions
    - ▶ Develop shared language and mutual understanding to build relationships and trust
    - ▶ Turn talk into action for mutual benefit

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## *Lessons Learned, Resources or Tools: Current Challenges:*

- ▶ Wellness Scorecard
  - Assess readiness
  - Identify strengths; opportunities
- ▶ Recognition/Peer Learning
  - Learn what works; address barriers
  - Success stories/awards
- ▶ Implementation Index
  - Measures level of implementation
- ▶ Taking the initiative to scale
  - Resources needed?
  - Evaluation activity
- ▶ Focus on social determinants of health
  - Living wages
  - Paid leave policies
  - Flex time