

Healthy Neighborhoods Learning Collaborative Meeting

November 2017

On November 30, 2017 Healthy Neighborhoods partners took a walking tour of the Corona, Queens neighborhood to experience local partnership efforts to build a healthier community. The following full-day meeting on December 1 focused on sustainability. Healthy Neighborhoods partners heard inspiring stories about sustaining healthy communities from experienced change makers from New York City and Rochester; explored and applied Active Living By Design's Sustainability Framework to their current sustainability strategies; and learned about a leadership training opportunity through the Coro New York Leadership Center. Attendees included partners from the Healthy Neighborhood sites, the <u>New York State Health Foundation</u> (NYSHealth), the <u>New York Community Trust</u> (NYCT), Active Living By Design, the NYU Evaluation Team, and other partner organizations.

- Participant Contact List
- Speaker Biosketches

Presentation slides and resources are hyperlinked within the agenda below.

Thursday, November 30 | Corona, Queens | 2:00-7:00 РМ

Building a Healthy Community in Corona, Queens

Healthy Neighborhoods partners had a unique opportunity to learn from and with community partners in Corona, Queens, who are part of the <u>Building Healthy Communities</u> (BHC) initiative. The Healthy Neighborhoods and BHC initiatives share similar goals of increasing access to fresh food, improving opportunities for physical activity, and promoting safe and vibrant public spaces in New York neighborhoods. Led by the Mayor's Office of Strategic Partnerships and the Fund for Public Health in New York City, BHC is aligning the resources and programs of multiple city agencies, leveraging the City's investment to secure significant new private funding, and connecting City efforts to individual, nonprofit, business, and community efforts to maximize collective impact.

Corona, Queens Neighborhood: Walking Tour and Discussions with Community Leaders

Healthy Neighborhood partners participated in a walking tour of Corona, Queens and experienced firsthand how community and agency partnerships are supporting the neighborhood to become healthier, safer, and more connected. The tour began at Urban Health Plan's <u>Plaza del Sol Health</u> <u>Center</u>, a critical Federally Qualified Health Center (FQHC) that engages patients and their families in culturally relevant health promotion activities such as cooking demonstrations, farmers' market tours, and much more. From there, participants broke into two groups, each exploring two of the following physical spaces: <u>Immigrant Movement International</u>, <u>Playground for All Children</u>, <u>Corona</u>

<u>Plaza</u>, and <u>Park of the Americas</u>. These sites have been integral to engaging community members in healthy and active living. Along the way, attendees stopped by some of the healthy food retail spaces in Corona. Both groups also saw <u>111th Street</u>, a site that will be transformed by the Department of Transportation for pedestrian safety. Finally, tour participants explored <u>Flushing Meadows Corona</u> <u>Park</u> on their way to the <u>Queens Museum</u>. Queens Museum has a strong history of supporting and empowering Corona residents through a variety of programs and partnerships.

- Building a Healthy Community in Corona, Queens
- <u>Corona, Queens Neighborhood Walking Tour Map</u>

Networking Dinner

While sharing a healthy meal, participants had informal conversations and networked with fellow Healthy Neighborhoods grantees; partners from the New York State Health Foundation, New York Community Trust, Active Living By Design, Corona and Building Healthy Communities; and other invited guests.

Friday, December 1 | Philanthropy New York | 8:45 AM–4:00 РМ Sustaining Healthy Communities

Welcome, Reflections on Day 1 and Overview of Day 2

Sharrie McIntosh, Vice President for Programs, New York State Health Foundation (NYSHealth) Patricia Jenny, Vice President for Grants, New York Community Trust (NYCT)

Inspiration and Stories about Sustaining Healthy Communities

Andrea Mata, Director of Health Initiatives, New York City Housing Authority Dina Faticone, Director of Community Health and Engagement, Common Ground Health, Rochester

During this session, experienced change makers shared stories and insights about creating and sustaining positive impact in neighborhoods and communities. Andrea Mata shared about the Fund for Public Housing, which has been recognized for its innovative approach to leverage private funding in support of quality public housing. Dina Faticone with Common Ground Health shared the intention and action steps behind the lasting impact of Rochester's Healthi KIDS, a coalition and health initiative that has outlasted various grant programs.

- Building Health into NextGeneration NYCHA
- Healthi Kids in Rochester, NY Lessons from the Field

A Framework for Healthy Community Sustainability

Phil Bors, Technical Assistance Director, Active Living By Design Joanne Lee, Collaborative Learning Director, Active Living By Design Active Living By Design's <u>Sustainability Framework</u> is inspired by the triple-bottom-line approach (people, planet, profit) and modified to apply to healthy communities work. The comprehensive framework organizes sustainability strategies within five areas: partnerships, leadership, environments, policies/systems, and resources. It includes examples of sustainability strategies within each of these areas that have been implemented by community partnerships. Healthy Neighborhoods partners learned about and began using the framework as a tool to assess their sustainability efforts and identified actionable steps for developing and implementing comprehensive sustainability plans.

How Are You Planning for Sustainability?

Active Living By Design

During this session, Healthy Neighborhoods partners utilized Active Living By Design's Sustainability Framework to assess their current sustainability strategies. Participants explored how their partnership addresses the five sustainability areas and which areas can be strengthened.

Lunch and Networking

Participants shared a healthy meal with partners from other Healthy Neighborhood sites, and continued informal networking and collaborative learning.

Next Steps to Sustainable Healthy Communities

Active Living By Design

After assessing current sustainability efforts, Healthy Neighborhoods partners engaged in smaller, more focused peer learning and brainstorming to identify next steps to strengthen their sustainability strategies within two areas of Active Living By Design's Sustainability Framework.

Coro New York Leadership Center

Molly Rodau, Director, Training and Consulting, Coro New York Leadership Center

Participants learned about an exciting training opportunity through the <u>Coro New York Leadership</u> <u>Center</u>. Coro is a leadership training organization with a community of 2,500 alumni who work across business, government, philanthropy, and nonprofit sectors to shape the future of the organizations and communities in which they live and work. NYSHealth and NYCT are sponsoring Coro to provide year-long leadership training for Healthy Neighborhood grantees. The goal of this training opportunity is to help sites increase their effectiveness as leaders and advocates in communities.

Reflections and Next Steps

NYSHealth, NYCT, and Active Living By Design Staff

This participatory session allowed the Healthy Neighborhoods sites and partners to share their reflections from the convening and identify exciting and promising actions to take in their communities.