

## Healthy Neighborhoods Learning Collaborative - Letter to Your Future Self

**Instructions:** Please take a few minutes to jot a quick note to yourself with aspirations and encouragement. Provide your address on the attached envelope. We will mail it back to you in six months!

1. Where would you like your Healthy Neighborhoods work to be, or have accomplished, by March 2020?
2. What other Learning Collaborative peer (or peers) would be most important for you to reach out to and connect with by March 2020?
3. What encouraging words do you have for yourself in March 2020?
4. Anything else you want to tell your future self?

Please leave this with Liz Ward, NYSHealth once you've completed it.