



Cultivating Healthy Communities Peer Learning Network

Participant Guide – February 2020



Peer Learning Network

HOW TO PARTICIPATE

The Cultivating Healthy Communities (CHC) Peer Learning Network is a support for current and former Aetna Foundation grantees to learn and build capacity in order to better serve their communities. It provides grantees opportunities to share about their healthy community work, hear from subject-matter resource people and other CHC peers and discuss strategies and successes, and brainstorm together about current challenges. This network is facilitated via webinars and virtual affinity sessions. Other opportunities for exchange include email, one-on-one phone calls, and virtual ad hoc sessions between network participants.

WEBINARS

Webinars will be held every other month (odd months), providing current and former CHC grantees with the opportunity to listen to and interact with a speaker and/or panel of peers on topics relevant to their work. Network participants are encouraged to reach out to the Healthy Places by Design to suggest their own expertise that could be beneficial to the other grantees.

AFFINITY GROUPS

Affinity sessions (via Zoom) provide a more intimate environment for current and former CHC grantees to have conversations about topics relevant to their work and brainstorm practical solutions.

Participants are welcome to attend as many affinity sessions as they would like, and invite colleagues and partners. These calls occur every other month (even months).

OTHER WAYS TO CONNECT

In addition to scheduled opportunities of this learning network, we encourage you to develop connections with your peers outside of these virtual conversations by reaching out directly via email, phone, or ad hoc virtual session. This guide provides contact information for current and former CHC grantees and serves as a tool to make connections with your peers.

OUR ROLE

Healthy Places by Design, in partnership with the Aetna Foundation, coordinates the Peer Learning Network by planning, scheduling, and facilitating webinars and affinity groups. If participants are interested in creating additional discussion groups and need support securing a video conferencing method, we can also assist with this. Don't hesitate to reach out if you have questions or ideas!

Healthy Places by Design

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Aetna Foundation

Kate Lincoln, Program Officer
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Amy Clark, Managing Director
clarkA5@aetna.com

Peer Learning Network

Contact Information

Note: While some grant periods have ended for CHC grantees, all are welcome to continue participating in the Peer Learning Network.

| Arizona | | | |
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| Organization | Description | Contact Name | Contact Email |
| City of Phoenix Housing Department (9/1/2017 - 8/30/2019) Phoenix, AZ | Affordable bike-sharing for low-income residents who live and work in the Edison-Eastlake Community in Phoenix | Angela Duncan Mindy Davis Courtney Anderson | angela.duncan@phoenix.gov mindy.davis@phoenix.gov courtney.anderson@phoenix.gov |
| Roosevelt School District / Orchard Community Learning Center (9/4/2018 - 6/30/2020) Phoenix, AZ | Transforming wellness education and behaviors by connecting Lassen Elementary School and Orchard Community Learning Center's incubator farm | John Wann-Angeles | info@orchardlearningcenter.org johnwann57@gmail.com |

| California | | | |
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| Organization | Description | Contact Name | Contact Email |
| Rich City Rides/ Urban Tilth (8/16/2017 - 5/31/2019) Richmond, CA | Free bikes, educational workshops and ride celebrations to Oakland-area residents | Najari Smith Paul Ehara | najari@richcityrides.org paul.ehara@gmail.com |
| California Indian Museum & Cultural Center (9/1/2018 - 8/31/2020) Santa Rosa, CA | The museum's Tribal Youth Ambassador Program produces energy bites that incorporate a native acorn ingredient to sell at Farmer's Markets, drawing Native people to these spaces and allowing youth to gain leadership skills | Nicole Lim | nikkimyers@aol.com |

| Connecticut | | | |
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| Organization | Description | Contact Name | Contact Email |
| Institute for Community Research (8/21/2017 - 8/21/2019) Hartford, CT | Leadership development for urban teens engaged in creating new options for accessing fresh foods in their communities | Kathy Engle-Dulac | kathy.engle-dulac@icrweb.org |
| YWCA New Britain (9/3/2018 - 8/31/2020) New Britain, CT | Using a newly opened teen center as a hub for community engagement through teen use of photo voice, addressing resident safety concerns with police, and hosting pop-up community events | Robin Sharp Valerie Rodino Cammarota Jayme Hannay Mallory Deprey Jessica Hernandez | rsharp@ywcanewbritain.org vcammarota@ywcanb.org jaymehannay@gmail.com jessica.hernandez@ccsu.edu |

| Florida | | | |
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| Organization | Description | Contact Name | Contact Email |
| St. Vincent's Healthcare Foundation (9/6/2016 - 9/5/2018) Jacksonville, FL | Mobile health outreach pediatric nutrition and wellness initiative | Rebecca Rymes Juana Burgohy | rebecca.rymes@ascension.org Juana.Burgohy@ascension.org |
| Jack and Jill Children's Center (9/1/2017 - 9/1/2019) Jacksonville, FL | Stress management, healthy eating and financially sound decision-making in a predominantly African-American neighborhood in Fort Lauderdale | Adele Coble Jeanette Johnson | acoble@jackandjillcenter.org jjohnson@jackandjillcenter.org |
| East Central Florida Regional Planning Council / Kaley Square (9/1/2017 - 8/30/2019) Orlando, FL | Urban agriculture and bike repair activities to teach healthy life and vocational skills to Holden Heights residents in Orlando | Tara McCue Luis Nieves-Ruiz Demetrius Summerville Olivia Blase | tara@ecfrpc.org luis@ecfrpc.org dsummerville@kaleysquare.org oblase@kaleysquare.org |

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| Miami Children's Museum (9/1/2017 - 5/31/2019) Miami, FL | Ten classes modeling nutrition and wellness strategies for 100 low-income families that have children in Head Start or Early Head Start | Brooke Manetti | bmanetti@miamichildrensmuseum.org betty@miamichildrensmuseum.org |
| Healthy Mothers, Healthy Babies Coalition of Broward County, Inc. (9/1/2018 - 8/31/2020) Lauderhill, FL | Engage residents and public libraries/facilities in at-risk low-income neighborhoods in implementing policies allowing use of their space for free, indoor fitness and nutrition activities | Debbie Duewson | dduewson@hmhbbroward.org |
| Redlands Christian Migrant Association Inc. (8/20/2018 - 5/22/2020) Wimauma, FL | Provide physical activity, stress reduction, and nutrition education and organic gardens students, parents and staff at three charter schools in rural low-income communities | Juana Brown Mark Haggett Holly Paulsboe Zulaika Quintero | juanabr@rcma.org mark@rcma.org holly.paulsboe@rcma.org zulaika@rcma.org |
| The Children's Home, Inc. (10/1/2018 - 9/30/2020) Tampa, FL | Promote healthy behaviors among grandparent care givers to increase consumption of fruits and vegetables, increase physical activity and stress reduction practices utilizing a culturally appropriate toolkit and improve local policies and practices. | Larry Cooper Christina Ward Tena Randecker Cheri Calver | lcooper@childrenshomenetwork.org cward@childrenshomenetwork.org trandecker@childrenshomenetwork.org ccalvert@childrenshomenetwork.org |
| Florida Introduces Physical Activity and Nutrition to Youth (FLIPANY) (8/15/2018 - 5/20/2020) Deerfield Beach, FL | Implement a community stakeholder-driven Wellness Hub at Deerfield Beach Middle School and impact district-wide wellness policies | Kristine Perez-Carrion Raihaana Ali | kperezcarrion@flipany.org raihaana@hotmail.com |

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| Urban Health Partnerships, Incorporated (10/1/2018 - 9/30/2020) Miami, FL | Improve and support healthy aging in the Allapattah community by using a community health worker approach and allow older adult residents to take the lead in identifying gaps and proposing policies, systems, and opportunities for healthy aging | Isabel Rovira Gabe Ochoa Arely Lozano Cantu | isabel@urbanhp.org gochoa@ymcasouthflorida.org arely@urbanhp.org |
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| Georgia | | | |
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| Organization | Description | Contact Name | Contact Email |
| Soccer In The Streets Inc. (9/1/2018 - 8/31/2020) Atlanta, GA | Increasing access to soccer for Atlanta youth by eliminating cost and transportation barriers | Tony Scott | Tony@soccerstreets.org |

| Illinois | | | |
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| Organization | Description | Contact Name | Contact Email |
| Concordia Place (10/1/2017 - 6/30/2019) Chicago, IL | Nutrition and youth employment program for low-income Chicago teenagers | Gwyn Moss | gmoss@concordiaplace.org |
| Environmental Law & Policy Center Of The Midwest (8/21/2018 - 8/20/2020) Chicago, IL | Engage community groups in Chicago to understand, monitor and visualize air pollution in their neighborhoods creating an adaptable citizen science model. | Susan Mudd Tiffany Werner | smudd@elpc.org twerner@elpc.org tdavis@elpc.org |

| Indiana | | | |
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| Organization | Description | Contact Name | Contact Email |
| Keep Indianapolis Beautiful Inc. (8/20/2018 - 8/19/2020) Indianapolis, IN | Helps community members transform vacant lots and underused spaces into natural, beautiful, and functional pocket parks | Joseph Jarzen Danielle Voirol | jjarzen@kibi.org dvoirol@kibi.org |

| Massachusetts | | | |
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| Organization | Description | Contact Name | Contact Email |
| Boston Public Health Commission (9/1/2017 - 8/30/2019) Boston, MA | Technical assistance and training for Boston's hair and nail salons, auto shops to prevent pollution and chemical exposures | Paul Shoemaker Stephanie Seller | pshoemaker@bphc.org sseller@bphc.org |
| La Comunidad Inc. (8/26/2018 - 3/31/2020) Everett, MA | Resident-led project using public dialogue to craft community policing strategies that protect and prioritize immigrant residents' safety | Iliana Panameño Antonio Amaya | igpanameno@gmail.com |

| Michigan | | | |
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| Organization | Description | Contact Name | Contact Email |
| Foodlab Detroit (8/20/2018 - 2/20/2020) Detroit, MI | Provide Detroit area food entrepreneurs with hands-on education, resources and a supportive community of like-minded food entrepreneurs working to make healthy food a sustainable reality. | Devita Davison | devita@foodlabdetroit.com |

| Missouri | | | |
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| Organization | Description | Contact Name | Contact Email |
| Bike Walk KC (8/15/2017 - 2/15/2019) Kansas City, MO | Leadership training to improve community health, for a large focus on increasing walking and biking | Karen Campbell Laura Steele | karen.campbell@bikewalkkc.org laura.steele@bikewalkkc.org |

| New Jersey | | | |
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| Organization | Description | Contact Name | Contact Email |
| Hopeworks N Camden (9/1/2017 - 8/30/2019) Camden, NJ | Youth-driven program highlighting and encouraging use of community resources for Camden residents through a custom app designed by youth | Daniel Rhoton Soley Berrios Andrea Miller Jeniya Webbs | dan@hopeworks.org soley@hopeworks.org andrea@hopeworks.org jeniya@hopeworks.org |

| New Mexico | | | |
|---|--|-------------------------------------|---|
| Organization | Description | Contact Name | Contact Email |
| First Nations Development Institute (10/1/2017 - 3/31/2019) Longmont, CO | Connecting tribal food retailers with suppliers from Native owned local farms to increasing Native families' access to fresh foods | A-dae Romero-Briones Rana LaPine | abriones@firstnations.org rlapine@firstnations.org |

| New York | | | |
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| Organization | Description | Contact Name | Contact Email |
| The Doe Fund (8/15/2017 - 2/15/2019) New York, NY | Access to healthy foods in disadvantaged communities and food deserts in Brooklyn | Annie Murphy Jason Finder Safiya Mann | amurphy@doe.org jfinder@doe.org smann@doe.org |

| North Carolina | | | |
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| Organization | Description | Contact Name | Contact Email |
| Bountiful Cities (10/15/2017 - 7/14/2019) Asheville, NC | Three organizations joining to improve food security through educational programs in Asheville and Buncombe County | Nicole Hinebaugh Kate Justen | nicole@bountifulcities.org feast.avl@gmail.com |

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| Health Foundation Inc. (8/27/2018 - 8/1/2020) Wilkesboro, NC | Assisting youth in developing a new bike share program | Jenn Wages Heather Murphy | jenn@healthywilkes.org heather@healthywilkes.org |
| National Congress Of Parents & Teachers (8/20/2018 - 2/20/2020) | Working with PTAs in Durham to create and test family nights to taste and prepare new foods | Heather Parker | hparker@pta.org |
| Sustain Charlotte Inc. (9/1/2018 - 5/31/2020) Charlotte, NC | Build resident ability to advocate for transportation improvements in two low-income Charlotte neighborhoods | Meg Fencil Siboney Winter | meg.fencil@sustaincharlotte.org siboney.winter@sustaincharlotte.org |

| Ohio | | | |
|---|--|--------------|-------------------------------|
| Organization | Description | Contact Name | Contact Email |
| Live Healthy Appalachia (10/1/2016 - 10/1/2018) Athens, OH | Cooking classes that teach rural residents how to choose and prepare more whole foods | Amy Lipka | amy@livehealthyappalachia.org |
| Walnut Hills Redevelopment Foundation Inc. (8/20/2018 - 8/3/2020) Cincinnati, OH | Create an innovative food hub from a former grocery store in a predominantly African-American neighborhood | Gary Dangel | gary@walnuthillsrf.org |

| Pennsylvania | | | |
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| Organization | Description | Contact Name | Contact Email |
| Clean Air Council (10/2/2017 - 10/1/2019) Philadelphia, PA | Resident-led program to improve air quality in Philadelphia's Kensington neighborhood | Cameron Virkus Russell Zerbo Karl Koerner | cvirkus@cleanair.org rzerbo@cleanair.org kkoerner@cleanair.org |
| Grounded Strategies (8/31/2018 - 3/31/2020) Pittsburgh, PA | Addressing the lack of safe and interactive greenspace for youth in distressed communities through hands-on placemaking curriculum | Ashley Seiler | ashley@groundedpgh.org |
| The Food Trust (9/1/2018 - 8/31/2020) Philadelphia, PA | Help corner stores stock and promote healthier food, and schools to host youth-run farm stands selling fresh produce to the community | Paulette Keo Carpenter | pcarpenter@thefoodtrust.org |

| Texas | | | |
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| Organization | Description | Contact Name | Contact Email |
| University of Texas Health Science Center San Antonio (10/1/2016 - 3/31/2018) San Antonio, TX | Education of Hispanic youth to take action regarding poor air quality in their communities through after school programs | Adelita Cantu | cantua2@uthscsa.edu |
| Ambassadors for Christ Youth Ministries (8/15/2016 - 2/15/2018) Houston, TX | Wellness programming for homeless and displaced youth after school and during the summer | Sherrie Sams Kenneth Sams | syoung@afcyouth.org kennethsams324@gmail.com lfelix@afcyouth.org |
| Migrant Clinicians Network (10/1/2017 - 9/30/2019) Salisbury, MD | Program to teach migrant farmworker families about how to decrease their and their children's exposure to harmful pesticides | Amy Liebman Kate Kruse Alma Galvan | aliebman@migrantclinician.org kkruse@migrantclinician.org agalvan@migrantclinician.org |
| University of Houston Foundation (10/1/2017 - 9/30/2019) Houston, TX | Program to engage high-risk African-American and Latino youth in mindful eating and exercise | Norma Olvera | nolvera@uh.edu |

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| Active Life / It's Time Texas (9/1/2017 - 9/1/2019) Austin, TX | Revamping of low-use public spaces into locales for fitness classes and walking groups for people of all ages in high-need neighborhoods | Baker Harrell Vanessa Castro Maggie Amaku Andrea Fisher Shelby McGhee Kara Prior | grants@itstimetexas.org vanessa@itstimetexas.org maggie.amaku@itstimetexas.org andrea@itstimetexas.org shelby@itstimetexas.org kara@itstimetexas.org |
| The SAFE Alliance (SAFE - stop abuse for everyone) (9/1/2017 - 8/31/2019) Austin, TX | Safe and healthy relationships workshops for youth | Barri Rosenbluth Randy Randolph | broosenbluth@safeaustin.org rrandolph@safeaustin.org |
| Air Alliance Houston (8/3/2018 - 8/3/2020) Houston, TX | Reduce exposure to traffic-related air pollution and increase physical activity among children at four priority campuses in the Pasadena Independent School District through tactical urbanism strategies, e.g. pop-up bike-lanes/sidewalks | Juan Flores Bakeyah Nelson | juan@airalliancehouston.org bnelson@airalliancehouston.org |
| Houston Health Foundation (9/10/2018 - 8/31/2020) Houston, TX | Guide immigrant youth in Houston through a youth-led urban agriculture enterprise by growing native specialty crops and hosting a farm stand at the Get Moving Houston (GMH) Farmers Market. | Rita Cromartie Robin Mansur Francis Madi Cerrada Guilmate Pierre Robert Yanez | rita.cromartie@houstontx.gov robin.mansur@houstonhealthfoundation.org francis.cerrada@houstontx.gov guilmate.pierre@houstontx.gov robert.yanez@houstonhealthfoundation.org |

| Virginia | | | |
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| Organization | Description | Contact Name | Contact Email |
| Greater Richmond Fit4Kids, Inc. (8/20/2018 - 8/19/2020) Richmond, VA | Engage and train parents, youth, and community members to confront policy and systems issues to improve health in their neighborhoods and schools | Justine Blincoe Mary Dunn Stewart | justine@grfit4kids.org mary@grfit4kids.org |

| Wisconsin | | | |
|---|---|-----------------------|------------------------------|
| Organization | Description | Contact Name | Contact Email |
| Core-El Centro Inc (9/1/2016 - 2/28/2018) (9/3/2018 - 7/3/2020) Milwaukee, WI | Resident-led effort to improve physical spaces and increase recycling activities in Milwaukee's Latino neighborhoods | Stephanie Calloway | stephaniec@core-elcentro.org |