

Healthy Neighborhoods Learning Collaborative Coffee Conversation

August 26, 2020

2:00-3:00 pm

Participants:

Alexandra Mesick (Clinton County)

Brian Archie and Keyona Dunn (Niagara Falls)

Caitlin Falvey (Department of Health and Mental Hygiene)

Alison Smith (Lower East Side)

Nupur Chaudhury and Bronwyn Starr (New York State Health Foundation)

Casey Allred and Phil Bors (Healthy Places by Design)

Agenda:

I. Welcome, quick overview, intros and word for the day

II. Reflections from New York State Health Foundation

III. Group discussion

- What's been working well with your Healthy Neighborhoods work this summer?
 - Appreciated continuing monthly calls with NYSHF to maintain normalcy and routine.
 - The pandemic forced some organizations to embrace technology including virtual communications and working remotely.
 - Social media platforms (specifically FaceBook) following increased.
 - In the beginning of the pandemic, partners acknowledged the need for self-care and later gained clarity of their roles and identified individual assets.
- What remains as your biggest challenges?
 - Zoom fatigue
 - Possible strategies to overcome fatigue include utilizing outdoor spaces to (safely) meet, Slack (a communication platform), gain agreements/boundary setting such as prior to a videoconference communicate to host that you're joining by phone only, limit daily videoconferences (no more than 3), schedule a phone call rather than Zoom, phone tree, contact list, newsletter, etc.
 - Safety Concerns
 - Most vulnerable participants do not feel safe being out and unsure how to approach fears with so many unknowns.
- Ideas/suggestions for future peer topics for upcoming calls with BHC organizers (Sessions #1 and #2 already determined)
 - How Black Lives Matter examples integrate into programs?
 - Brian Archie and Keyona Dunn (Niagara Falls) are available on October 7th and 21st to share examples (including an update from their September 19 Virtual Walk the Falls to honor George Floyd and the impact on health disparities.

IV. Next Steps

Please join us for the next Healthy Neighborhoods Learning Collaborative and Building Healthy Communities Peer Exchange Session on **September 9, 2020 at 2:00 pm**. If you have not yet registered, please do so at

<https://us02web.zoom.us/meeting/register/tZEqcemsrTwrHtc1Ow9w4HfqYmwLGgcS3xD3>.