



Cultivating Healthy Communities

Peer Learning Network

Participant Guide 2020



Peer Learning Network

HOW TO PARTICIPATE

The Cultivating Healthy Communities (CHC) Peer Learning Network is a support for current and former Aetna Foundation grantees to learn and build capacity in order to better serve their communities. It provides grantees opportunities to share about their healthy community work, hear from subject-matter resource people and other CHC peers and discuss strategies and successes, and brainstorm together about current challenges. This network is facilitated via webinars and virtual affinity sessions. Other opportunities for exchange include email, one-on-one phone calls, and virtual ad hoc sessions between network participants.

WEBINARS

Webinars will be held every other month (odd months), providing current and former CHC grantees with the opportunity to listen to and interact with a speaker and/or panel of peers on topics relevant to their work. Network participants are encouraged to reach out to the Healthy Places by Design to suggest their own expertise that could be beneficial to the other grantees.

AFFINITY GROUPS

Affinity sessions (via Zoom) provide a more intimate environment for current and former CHC grantees to have conversations about topics relevant to their work and brainstorm practical solutions.

Participants are welcome to attend as many affinity sessions as they would like, and invite colleagues and partners. These calls occur every other month (even months).

OTHER WAYS TO CONNECT

In addition to scheduled opportunities of this learning network, we encourage you to develop connections with your peers outside of these virtual conversations by reaching out directly via email, phone, or ad hoc virtual session. This guide provides contact information for current and former CHC grantees and serves as a tool to make connections with your peers.

OUR ROLE

Healthy Places by Design, in partnership with the Aetna Foundation, coordinates the Peer Learning Network by planning, scheduling, and facilitating webinars and affinity groups. If participants are interested in creating additional discussion groups and need support securing a video conferencing method, we can also assist with this. Don't hesitate to reach out if you have questions or ideas!

Healthy Places by Design

Gabriella Moreno, Events and Meeting Coordinator
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Aetna Foundation

Amy Clark, Managing Director
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Peer Learning Network

Contact Information

Arizona			
Organization	Description	Contact Name	Contact Email
City of Phoenix Housing Department (9/1/2017 - 8/30/2019) Phoenix, AZ	Affordable bike-sharing for low-income residents who live and work in the Edison-Eastlake Community in Phoenix	Angela Duncan Mindy Davis Courtney Anderson	angela.duncan@phoenix.gov mindy.davis@phoenix.gov courtney.anderson@phoenix.gov
Roosevelt School District / Orchard Community Learning Center (9/4/2018 - 6/30/2020) Phoenix, AZ	Transforming wellness education and behaviors by connecting Lassen Elementary School and Orchard Community Learning Center's incubator farm	John Wann-Anges	info@orchardlearningcenter.org johnwann57@gmail.com

California			
Organization	Description	Contact Name	Contact Email
Rich City Rides/ Urban Tilth (8/16/2017 - 5/31/2019) Richmond, CA	Free bikes, educational workshops and ride celebrations to Oakland-area residents	Najari Smith Paul Ehara	najari@richcityrides.org paul.ehara@gmail.com
California Indian Museum & Cultural Center (9/1/2018 - 8/31/2020) Santa Rosa, CA	The museum's Tribal Youth Ambassador Program produces energy bites that incorporate a native acorn ingredient to sell at Farmer's Markets, drawing Native people to these spaces and allowing youth to gain leadership skills	Nicole Lim	nikkimyrs@aol.com

Connecticut			
Organization	Description	Contact Name	Contact Email
Institute for Community Research (8/21/2017 - 8/21/2019) Hartford, CT	Leadership development for urban teens engaged in creating new options for accessing fresh foods in their communities	Kathy Engle-Dulac	kathy.enge-dulac@icrweb.org
YWCA New Britain (9/3/2018 - 8/31/2020) New Britain, CT	Using a newly opened teen center as a hub for community engagement through teen use of photo voice, addressing resident safety concerns with police, and hosting pop-up community events	Robin Sharp Valerie Rodino Cammarota Jayme Hannay Mallory Deprey Jessica Hernandez	rsharp@ywcanewbritain.org vcammarota@ywcanb.org jaymehannay@gmail.com jessica.hernandez@ccsu.edu

Florida			
Organization	Description	Contact Name	Contact Email
St. Vincent's Healthcare Foundation (9/6/2016 - 9/5/2018) Jacksonville, FL	Mobile health outreach pediatric nutrition and wellness initiative	Rebecca Rymes Juana Burgohy	rebecca.rymes@ascension.org Juana.Burgohy@ascension.org
Jack and Jill Children's Center (9/1/2017 - 9/1/2019) Jacksonville, FL	Stress management, healthy eating and financially sound decision-making in a predominantly African-American neighborhood in Fort Lauderdale	Adele Coble Jeanette Johnson	acoble@jackandjillcenter.org jjohnson@jackandjillcenter.org
East Central Florida Regional Planning Council / Kaley Square (9/1/2017 - 8/30/2019) Orlando, FL	Urban agriculture and bike repair activities to teach healthy life and vocational skills to Holden Heights residents in Orlando	Tara McCue Luis Nieves-Ruiz Demetrius Summerville Olivia Blase	tara@ecfrpc.org luis@ecfrpc.org dsummerville@kaleysquare.org oblase@kaleysquare.org

Miami Children's Museum (9/1/2017 - 5/31/2019) Miami, FL	Ten classes modeling nutrition and wellness strategies for 100 low-income families that have children in Head Start or Early Head Start	Brooke Manetti	bmanetti@miamichildrensmuseum.org betty@miamichildrensmuseum.org
Healthy Mothers, Healthy Babies Coalition of Broward County, Inc. (9/1/2018 - 8/31/2020) Lauderhill, FL	Engage residents and public libraries/facilities in at-risk low-income neighborhoods in implementing policies allowing use of their space for free, indoor fitness and nutrition activities	Debbie Duewson	dduewson@hmhbroward.org
Redlands Christian Migrant Association Inc. (8/20/2018 - 5/22/2020) Wimauma, FL	Provide physical activity, stress reduction, and nutrition education and organic gardens students, parents and staff at three charter schools in rural low-income communities	Juana Brown Mark Haggett Holly Paulsboe Zulaika Quintero	juanabr@rcma.org mark@rcma.org holly.paulsboe@rcma.org zulaika@rcma.org
The Children's Home, Inc. (10/1/2018 - 9/30/2020) Tampa, FL	Promote healthy behaviors among grandparent care givers to increase consumption of fruits and vegetables, increase physical activity and stress reduction practices utilizing a culturally appropriate toolkit and improve local policies and practices.	Larry Cooper Christina Ward Tena Randecker Cheri Calver	lcooper@childrenshomenetwork.org cward@childrenshomenetwork.org trandecker@childrenshomenetwork.org ccalvert@childrenshomenetwork.org
Florida Introduces Physical Activity and Nutrition to Youth (FLIPANY) (8/15/2018 - 5/20/2020) Deerfield Beach, FL	Implement a community stakeholder-driven Wellness Hub at Deerfield Beach Middle School and impact district-wide wellness policies	Kristine Perez-Carrion Raihaana Ali	kperezcarrion@flipany.org raihaana@hotmail.com

Urban Health Partnerships, Incorporated (10/1/2018 - 9/30/2020) Miami, FL	Improve and support healthy aging in the Allapattah community by using a community health worker approach and allow older adult residents to take the lead in identifying gaps and proposing policies, systems, and opportunities for healthy aging	Isabel Rovira Gabe Ochoa Arely Lozano Cantu	isabel@urbanhp.org gochoa@ymcasouthflorida.org arely@urbanhp.org
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Georgia			
Organization	Description	Contact Name	Contact Email
Soccer In The Streets Inc. (9/1/2018 - 8/31/2020) Atlanta, GA	Increasing access to soccer for Atlanta youth by eliminating cost and transportation barriers	Tony Scott	Tony@soccerstreets.org

Illinois			
Organization	Description	Contact Name	Contact Email
Concordia Place (10/1/2017 - 6/30/2019) Chicago, IL	Nutrition and youth employment program for low-income Chicago teenagers	Gwyn Moss	gmoss@concordiaplace.org
Environmental Law & Policy Center Of The Midwest (8/21/2018 - 8/20/2020) Chicago, IL	Engage community groups in Chicago to understand, monitor and visualize air pollution in their neighborhoods creating an adaptable citizen science model.	Susan Mudd Tiffany Werner	smudd@elpc.org twerner@elpc.org tdavis@elpc.org

Indiana			
Organization	Description	Contact Name	Contact Email
Keep Indianapolis Beautiful Inc. (8/20/2018 - 8/19/2020) Indianapolis, IN	Helps community members transform vacant lots and underused spaces into natural, beautiful, and functional pocket parks	Joseph Jarzen Danielle Voirol	jjarzen@kibi.org dvoirol@kibi.org

Massachusetts			
Organization	Description	Contact Name	Contact Email
Boston Public Health Commission (9/1/2017 - 8/30/2019) Boston, MA	Technical assistance and training for Boston's hair and nail salons, auto shops to prevent pollution and chemical exposures	Paul Shoemaker Stephanie Seller	pshoemaker@bphc.org sseller@bphc.org
La Comunidad Inc. (8/26/2018 - 3/31/2020) Everett, MA	Resident-led project using public dialogue to craft community policing strategies that protect and prioritize immigrant residents' safety	Iliana Panameño Antonio Amaya	igpanameno@gmail.com

Michigan			
Organization	Description	Contact Name	Contact Email
Foodlab Detroit (8/20/2018 - 2/20/2020) Detroit, MI	Provide Detroit area food entrepreneurs with hands-on education, resources and a supportive community of like-minded food entrepreneurs working to make healthy food a sustainable reality.	Devita Davison	devita@foodlabdetroit.com

Missouri			
Organization	Description	Contact Name	Contact Email
Bike Walk KC (8/15/2017 - 2/15/2019) Kansas City, MO	Leadership training to improve community health, for a large focus on increasing walking and biking	Karen Campbell Laura Steele	karen.campbell@bikewalkkc.org laura.steele@bikewalkkc.org

New Jersey			
Organization	Description	Contact Name	Contact Email
Hopeworks N Camden (9/1/2017 - 8/30/2019) Camden, NJ	Youth-driven program highlighting and encouraging use of community resources for Camden residents through a custom app designed by youth	Daniel Rhoton Soley Berrios Andrea Miller Jeniya Webbs	dan@hopeworks.org soley@hopeworks.org andrea@hopeworks.org jeniya@hopeworks.org

New Mexico			
Organization	Description	Contact Name	Contact Email
First Nations Development Institute (10/1/2017 - 3/31/2019) Longmont, CO	Connecting tribal food retailers with suppliers from Native owned local farms to increasing Native families' access to fresh foods	A-dae Romero-Briones Rana LaPine	abriones@firstnations.org rlapine@firstnations.org

New York			
Organization	Description	Contact Name	Contact Email
The Doe Fund (8/15/2017 - 2/15/2019) New York, NY	Access to healthy foods in disadvantaged communities and food deserts in Brooklyn	Annie Murphy Jason Finder Safiya Mann	amurphy@doe.org jfinder@doe.org smann@doe.org

North Carolina			
Organization	Description	Contact Name	Contact Email
Bountiful Cities (10/15/2017 - 7/14/2019) Asheville, NC	Three organizations joining to improve food security through educational programs in Asheville and Buncombe County	Nicole Hinebaugh Kate Justen	nicole@bountifulcities.org feast.avl@gmail.com

Health Foundation Inc. (8/27/2018 - 8/1/2020) Wilkesboro, NC	Assisting youth in developing a new bike share program	Jenn Wages Heather Murphy	jenn@healthywilkes.org heather@healthywilkes.org
National Congress Of Parents & Teachers (8/20/2018 - 2/20/2020)	Working with PTAs in Durham to create and test family nights to taste and prepare new foods	Heather Parker	hparker@pta.org
Sustain Charlotte Inc. (9/1/2018 - 5/31/2020) Charlotte, NC	Build resident ability to advocate for transportation improvements in two low-income Charlotte neighborhoods	Meg Fencil Siboney Winter	meg.fencil@sustaincharlotte.org siboney.winter@sustaincharlotte.org

Ohio			
Organization	Description	Contact Name	Contact Email
Live Healthy Appalachia (10/1/2016 - 10/1/2018) Athens, OH	Cooking classes that teach rural residents how to choose and prepare more whole foods	Amy Lipka	amy@livehealthyappalachia.org
Walnut Hills Redevelopment Foundation Inc. (8/20/2018 - 8/3/2020) Cincinnati, OH	Create an innovative food hub from a former grocery store in a predominantly African-American neighborhood	Gary Dangel	gary@walnuthillsrf.org

Pennsylvania			
Organization	Description	Contact Name	Contact Email
Clean Air Council (10/2/2017 - 10/1/2019) Philadelphia, PA	Resident-led program to improve air quality in Philadelphia's Kensington neighborhood	Cameron Virkus Russell Zerbo Karl Koerner	cvirkus@cleanair.org rzerbo@cleanair.org kkoerner@cleanair.org
Grounded Strategies (8/31/2018 - 3/31/2020) Pittsburgh, PA	Addressing the lack of safe and interactive greenspace for youth in distressed communities through hands-on placemaking curriculum	Ashley Seiler	ashley@groundedpgh.org
The Food Trust (9/1/2018 - 8/31/2020) Philadelphia, PA	Help corner stores stock and promote healthier food, and schools to host youth-run farm stands selling fresh produce to the community	Paulette Keo Carpenter	pcarpenter@thefoodtrust.org

Texas			
Organization	Description	Contact Name	Contact Email
University of Texas Health Science Center San Antonio (10/1/2016 - 3/31/2018) San Antonio, TX	Education of Hispanic youth to take action regarding poor air quality in their communities through after school programs	Adelita Cantu	cantua2@uthscsa.edu
Ambassadors for Christ Youth Ministries (8/15/2016 - 2/15/2018) Houston, TX	Wellness programming for homeless and displaced youth after school and during the summer	Sherrie Sams Kenneth Sams	syoung@afcyouth.org kennethsams324@gmail.com lfelix@afcyouth.org
Migrant Clinicians Network (10/1/2017 - 9/30/2019) Salisbury, MD	Program to teach migrant farmworker families about how to decrease their and their children's exposure to harmful pesticides	Amy Liebman Kate Kruse Alma Galvan	aliebman@migrantclinician.org kkruse@migrantclinician.org agalvan@migrantclinician.org
University of Houston Foundation (10/1/2017 - 9/30/2019) Houston, TX	Program to engage high-risk African-American and Latino youth in mindful eating and exercise	Norma Olvera	nolvera@uh.edu

Active Life / It's Time Texas (9/1/2017 - 9/1/2019) Austin, TX	Revamping of low-use public spaces into locales for fitness classes and walking groups for people of all ages in high-need neighborhoods	Baker Harrell Vanessa Castro Maggie Amaku Andrea Fisher Shelby McGhee Kara Prior	grants@itstimetexas.org vanessa@itstimetexas.org maggie.amaku@itstimetexas.org andrea@itstimetexas.org shelby@itstimetexas.org kara@itstimetexas.org
The SAFE Alliance (SAFE - stop abuse for everyone) (9/1/2017 - 8/31/2019) Austin, TX	Safe and healthy relationships workshops for youth	Barri Rosenbluth Randy Randolph	broosenbluth@safeaustin.org rrandolph@safeaustin.org
Air Alliance Houston (8/3/2018 - 8/3/2020) Houston, TX	Reduce exposure to traffic-related air pollution and increase physical activity among children at four priority campuses in the Pasadena Independent School District through tactical urbanism strategies, e.g. pop-up bike-lanes/sidewalks	Juan Flores Bakeyah Nelson	juan@airalliancehouston.org bnelson@airalliancehouston.org
Houston Health Foundation (9/10/2018 - 8/31/2020) Houston, TX	Guide immigrant youth in Houston through a youth-led urban agriculture enterprise by growing native specialty crops and hosting a farm stand at the Get Moving Houston (GMH) Farmers Market.	Rita Cromartie Robin Mansur Francis Madi Cerrada Guilmate Pierre Robert Yanez	rita.cromartie@houstontx.gov robin.mansur@houstonhealthfoundation.org francis.cerrada@houstontx.gov guilmate.pierre@houstontx.gov robert.yanez@houstonhealthfoundation.org

Virginia			
Organization	Description	Contact Name	Contact Email
Greater Richmond Fit4Kids, Inc. (8/20/2018 - 8/19/2020) Richmond, VA	Engage and train parents, youth, and community members to confront policy and systems issues to improve health in their neighborhoods and schools	Justine Blincoe Mary Dunn Stewart	justine@grfit4kids.org mary@grfit4kids.org

Wisconsin			
Organization	Description	Contact Name	Contact Email
Core-El Centro Inc (9/1/2016 - 2/28/2018) (9/3/2018 - 7/3/2020) Milwaukee, WI	Resident-led effort to improve physical spaces and increase recycling activities in Milwaukee's Latino neighborhoods	Stephanie Calloway	stephaniec@core-elcentro.org